
WOMENS TRAINING DAY

HEALTH ISSUES.
SUNDAY, 18TH OCT. '87.
10am..... 4.00 PM.

Women and Health

Come and have a go at new and practical ways in dealing with health issues!

See what resources are available and use your own skills! and experience!... to have a bit of fun, and games!

VENUE:-

NEIGHBOURHOOD SERVICES CENTRE, 80-90 RIBBLE RD, MILLERS LANE EST, PLATT BRIDGE, WIGAN, Tel. 865501. [NOT the neighbourhood centre.]

CHILDCARE:- FREE CHILDMINDING.

TRANSPORT:- AVAILABLE, RING LAUREL ST. ^{TEL.} 322 884.

LUNCH:- FREE, BUFFET, VEGETARIAN.

ACCESS:- GOOD, DISABLED GR. FLOOR TOILET, GR. FLOOR ROOMS. RAMPS, WIDE DOORS.

TRAINERS:- HEALTH EDUCATION WORKERS.

IT MAKES ME SICK!

- Sunday :- Phil Barnes.



Women and Health

There will be follow-up sessions on 4 evenings:- from 7.15-9.30pm. The programme is as follows, but this is flexible-according to women's needs.



MONDAY 26 OCT. "OUR BODIES"
AT WIGAN PIER (ROOM ABOVE THE SHOP.)

TUESDAY 3RD NOV. "RELATIONSHIPS"
AT LEIGH TEACHERS CENTRE.

WEDNESDAY 11TH NOV.
"DIETING & FOOD" WIGAN PIER.

THURSDAY 19TH NOV. "THE WAY WE LIVE" AT LEIGH TEACHERS CENTRE.

:- NO CRECHE.

Please send this slip back to Marie Brookfield, N. Services Centre 80-90 Ribble Rd, Millers Lane, Est, Platt Bridge, Wigan or Julie Hart, Laurel St, Wigan or telephone to confirm your place, Laurel St-322 884, NSC.-865501 as numbers will be restricted due to fire Regulations.

WOMEN'S TRAINING - HEALTH ISSUES.

SUNDAY 18. OCT. '87.
MONDAY 26. OCT '87.
TUESDAY 3RD. NOV.
WEDNESDAY 11TH NOV.
THURSDAY 19TH NOV.

STATE HOW MANY.	

DO YOU NEED CHILD MINDING?
YES / NO.
FOR HOW MANY?
.....

Name
Address / tel. no.